

SHIM Score

Sexual Health Inventory for Men (SHIM)

Over the past 6 months:

1. How do you rate your confidence that you could get and keep an erection?

1 Very Low	2 Low	3 Moderate	4 High	5 Very High
---------------	----------	---------------	-----------	----------------

2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?

0 No sexual activity	1 Almost never or never	2 A few times (much less than half the time)	3 Sometimes (about half the time)	4 Most times (much more than half the time)	5 Almost always or always
-------------------------	----------------------------	---	--------------------------------------	--	------------------------------

3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?

0 Did not attempt intercourse	1 Almost never or never	2 A few times (much less than half the time)	3 Sometimes (about half the time)	4 Most times (much more than half the time)	5 Almost always or always
----------------------------------	----------------------------	---	--------------------------------------	--	------------------------------

4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?

0 Did not attempt intercourse	1 Extremely difficult	2 Very difficult	3 Difficult	4 Slightly difficult	5 Not difficult
----------------------------------	--------------------------	---------------------	----------------	-------------------------	--------------------

5. When you attempted sexual intercourse, how often was it satisfactory for you?

0 Did not attempt intercourse	1 Almost never or never	2 A few times (much less than half the time)	3 Sometimes (about half the time)	4 Most times (much more than half the time)	5 Almost always or always
----------------------------------	----------------------------	---	--------------------------------------	--	------------------------------

Information for Clinicians – Do not provide this page to patients

Scoring instructions

Add the numbers corresponding to the answers for questions 1 through 5. If the patient's score is 21 or less, erectile dysfunction (ED) should be addressed. The SHIM score characterizes the severity of the patient's ED in the following manner:

22-25 No ED

17-21 Mild ED

12-16 Mild-to-moderate ED

8-11 Moderate ED

5-7 Severe ED

Score: _____

Purpose of SHIM

- With the advent of oral therapies for ED, the need for accurate diagnosis is greater than ever.
- The SHIM Questionnaire (also known as the IIEF-5) is an abridged and slightly modified 5-item version of the 15-item International Index of Erectile Function (IIEF), designed for easy use, by clinicians, to diagnose the presence and severity of ED in clinical settings.
- This diagnostic tool may reduce the number of incorrectly diagnosed or underdiagnosed cases. It is intended to complement the physical examination and patient history as a means to detect ED.

Adapted with permission from: Rosen RC, Cappelleri JC, Smith MD, Lipsky J, Peña BM. Development and evaluation of an abridged, 5-item version of the International Index of Erectile Dysfunction (IIEF-5) as a diagnostic tool for erectile dysfunction. *Int J Impot Res.* 1999;11:319-326. <http://www.nature.com>.